



Good afternoon!

I hope all of you are doing well. I want to make you aware of some things and/or remind you of some things where COVID is concerned.

Based on information from the health department, COVID seems to be more contagious now than last year. We did a great job continuing to provide face-to-face instruction even though teachers and students moved in and out of quarantine. We want to continue providing that type of instruction this year, but like last year, we will need your help to do it. I mentioned in the weekend note to keep your child at home if they don't feel well. The reason for that is to see if anything else develops. At the same time, it is easy to watch for COVID symptoms if you are in quarantine. It is harder to watch for symptoms when there hasn't been a known exposure because the symptoms could be due to anything.

One of the difficulties with all of this is that children will still have colds, allergies, sinus infections, stomach flu, etc. Those illnesses mimic the symptoms of COVID; however, we have to be careful, vigilant, and cautious to keep everyone as healthy as we can.

Those families who have students that may be quarantined, whether it's because they acquired COVID or due to exposure, please know that those students cannot return to school without a release document from the health department, Whether you email that to me or send it with your student, that is up to you. I know many, if not all of us, are tired of hearing and talking about COVID. I am too. The thing is, there are approximately 200 people on campus at any given time. It is our job, part of who we are as faithful people, to watch out for one another. So we must continue to work together and do what we can to provide an opportunity for spiritual, social, emotional growth and academic excellence while doing what we can to keep everyone healthy.

I pulled this from the JCHD, Jackson County Health Department website to remind all of us.

Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Please, for our children and each other, let us continue to work together to keep everyone as healthy as we can while working to have the best school year yet!!!

I want to thank you for your time and attention in this matter. If you have any questions, please let me know.

Peace and Blessings,

Jenny Martin
Principal